



Welcome to:

“Living In Victory Marriage Counseling.”

What to expect in our Meetings?

1. Duration and Length of Commitment

It's short-term. When you start LIVMC you decide how long you will commit to working together. While many forms of counseling and therapy are open-ended and often long-term, LIVMC counseling tends to be for up to 12 weeks. Why 12? This is considered biblically as a perfect number, representing and serving as a perfect governmental foundation.

2. LIVMC is focused on the ways you think and act.

We base our approach in the biblical context of accountability and submission to the word of God. We also use basic concepts of the CBT model (Cognitive Behavioral Therapies). “Cognitive” refers to thinking and “Behavioral” refers to action. LIVMC counseling is interested in how we think and act and how it affects our emotions. Thus, reversing the negative effects on the mind and body (stress) which can lead to sickness and dis-ease.

This concept reveals that there is a negative thinking 'loop'. That negative thought pattern affects the way we feel, which affects the way we act, which creates a negative action, that leads to another negative emotion, then thought, and the destructive cycle goes on.

3. It helps you get control of your thinking.

Negative thinking starts the cycle that leads to feeling bad or even worse, depression (what the bible refers to as heaviness). LIVMC helps you recognize and question your negative thinking and destructive behavior, so you can begin to restore your lives and reverse the effects of its darkness and get a true understanding of “the abundant Life” Jesus came to give.



The idea here is, it is less about the experiences that upset us, but the assumptions we let our minds make about them and recognizing the patterns they produce. When we learn to recognize 'cognitive distortions', we can start to have more balanced thoughts and factual imaginations. This allows opportunity to renew our minds and conform our flesh (Soul = Mind, Will and Emotions) to the Spirit of God that leads into obedience of practical biblical instruction.

4. It's focused on the present over the past.

The past is not something we like to focus on. We are looking to move forward and I am sure, so are you. Therefore, we may briefly talk about your past in the first two sessions so counselors can familiarize themselves with your story. But after that, you will be working with the issues in your current daily lives and marriage so we can progress into victory.

5. It involves homework.

Part of the structure of LIVMC is homework, or weekly assignments. This involves using LIVMC tools in your daily life, like filling out worksheets or participate in live role play or quizzes you can bring to our sessions. You are accountable for your progress. Therefore, we expect full participation.

6. LIVMC is proven by research and experiences that work.

Studies have shown the "Cognitive Behavioral Counseling" approach does help. Just imagine, this approach coupled with the application of Biblical principles and deliverance by the Spirit of God. The results are a supernatural transformation by the power of agreement between body and spirit. It is like a one - two punch against the evil forces and the negative thinking and habits which are very real in our lives. This is a true evidence-based counseling approach proven to work, it has been shown useful for:

- Anger management
- Anxiety (Fear) and Mental Disorders
- Chronic Social Isolation
- Depression / Heaviness
- Stress and more

Would you like to try marital counseling? We provide Zoom from the comfort of your own home. Why not [book a session](#) today?



Counseling Contract Form

This contract form is between Remnant Rising Ministries International and its assignees, ministers, professionals and or qualified staff also referred to as “**Counselors**” and

dated: _____.

Client’s Address: _____

Email: _____ Phone Numbers: _____

Therapist/ Psychologist/Pastors Name: _____

The Counselors

We are Certified by [FIT](#) (Family Integrity Training) and are bound by its codes of conduct, ethics, practices and subject to Its procedure. Michael Robert Gonzalez is Senior Pastor of [RRMI](#). A Certified and Commissioned [Minister of Men by Grace world Outreach Church in Florida](#), We are also Certified through [Spiritual Warfare Academy](#) as a deliverance Ministers. We have an apostolic mantle to minister to marriages and build up and establish the body of Christ though solid foundational teachings and over 20 years of ministerial experience.

We work mainly as Bible Centered Counselors, however, integrate other approaches when appropriate. Bible–Centered Counseling is based on the understanding that each human being is valuable and your relationships sacred.

Confidentiality and Records

The content of the sessions is completely confidential to you and RRMI. In the very rare event, we come across an issue we will need to discuss with anyone outside our meetings we will consult with our accountability pear group to seek alternative opinions. These events will of course only happen with your permission and foreknowledge. We will also take, during each session, notes to monitor our work and note our progress. This helps monitor our works effectiveness and help if referrals are necessary. These records are securely stored.

If we believe you will cause serious physical harm to yourself or another person then we will not be able to retain confidentiality and will need to Inform any organizations and/or your doctor/Therapist. Confidentiality would be broken in the event of a breach of national security.



Guarantee

This contract is affirming you are committed to seeing this through and claim your freedom, Healing and Deliverance in your Counseling. Please note there is NO Guarantee of results and results vary depending on Personal Commitment, Transparency, Honesty, Integrity and Trust in the process.

Cancellation:

We are committed to helping you be free and healed, restoring you and your marriage to the way it was intended by Father God. If at any moment we feel this is not the case, RRMI reserves the right to terminate Counseling at any time with one week notice. In addition, we are aware not everyone is a proper fit and appreciates our style of counsel. So, we have an unconditional exit policy. All we ask is that you put this in writing with the precise reason you feel the need to discontinue along with dates and times.

Sessions and Fees:

Our Sessions are limited to a commitment of 12 weeks. Sessions will be from 1-2 hours in length every week on a night designated by you, the participant and RRMI. The sessions are FREE however we ask you consider donating to our Ministry. We are a 501c3 ministry and your giving is tax deductible. The donations are given to help offset time, materials and help with digital expenses.

PLEASE READ THIS CONTRACT CAREFULLY

Please read this contract carefully and if you feel you are unable to fulfil its obligations, please contact us at 855.557.7295 before you sign. This agreement is fully understood and agreed to and is signed as it stands by:

Name: _____ Name: _____
Participant Participant

Name: _____
Michael Gonzalez and/or Daisy Diaz Gonzalez